

Soups & Salads

Soup of the day	cup	3.29	bowl....	4.79
Salad Bar	one trip.....	4.49	meal....	6.99
	small		large	
Garden Salad	3.79		4.99	
<small>Lettuce, tomato, cucumbers, radishes, carrots, onions, green peppers & black olives</small>				
Garden Salad Topped w/Tuna, Chicken or Seafood Salad.....	4.99		5.99	
Caesar Salad	6.79		7.99	
<small>Made with your choice of chicken, steak or shrimp, lettuce, tomato, cucumbers, shredded cheese croutons, boiled egg, lemon wedge & seasoning</small>				
Chef Salad.....	4.99		5.99	
<small>Ham, Turkey & Provolone served over a garden salad</small>				
Greek Salad.....	5.29		6.49	
<small>Ham, Provolone & salami served over a garden salad</small>				
Antipasta Salad	4.99		5.99	
<small>Capicola ham, salami & Provolone served over a garden salad</small>				
Taco Salad ...small	5.49	...large	6.49	.. edible shell 7.49
<small>Made with your choice of chicken or beef, lettuce, tomato, onion, green peppers, salsa, shredded cheese & black olives</small>				

Pizza & Calzones

Calzones	small	5.49	large	6.49
Additional Fillings	small99	large	1.29
7" Personal Cheese Pizza	4.29			
Additional Toppings & Extra Cheese	0.79			
Deluxe (Pepperoni, Sausage, Hamburg, Green Peppers & Onions)	5.79			
10" Cheese Pizza	5.79			
Additional Toppings & Extra Cheese	1.29			
Deluxe (Pepperoni, Sausage, Hamburg, Green Peppers & Onions)	10.49			
15" Cheese Pizza	9.49			
Additional Toppings & Extra Cheese	1.49			
Deluxe (Pepperoni, Sausage, Hamburg, Green Peppers & Onions)	14.49			

TOPPINGS & FILLINGS

Onions • Green Peppers • Mushrooms • Tomato • Broccoli
Spinach • Pineapple • Black Olives • Hot Peppers
Roasted Red Peppers • Ham • Bacon • Sweet Sausage
Pepperoni • Meatball • Hamburg • Artichoke Hearts • Chicken

Please inform your Server of any food Allergies. Thank You

Sandwiches

All served with chips

Italian, Valley Club or Ham & Provolone.....	small	large
	5.49	6.49
<small>All made with lettuce, tomato, onion, green peppers, seasoned oil & pickles</small>		
Greek	5.49	6.49
<small>Made with ham, provolone cheese, salami, lettuce, tomato, onion, green peppers, seasoned oil, feta cheese, black olives & pickles</small>		
Vegetarian	4.99	5.99
<small>All made with lettuce, tomato, onion, green peppers, cucumbers, black olives, Italian dressing, Provolone cheese, Cheddar cheese & pickles</small>		
Turkey, Roast Beef, Seafood, Tuna, or Chicken Salad	5.29	6.29
<small>Made with lettuce, tomato & mayo</small>		
Meatball or Sweet Sausage.....	5.29	6.29
<small>Made with grilled onions, green peppers, marinara sauce & provolone</small>		
Tuna or Chicken Salad Melt	5.79	
<small>Made with tomato & American cheese</small>		
Chicken Salad Deluxe	5.99	6.99
<small>Made with lettuce, tomato, Cheddar cheese, bacon & mayo</small>		
B.L.T.	5.29	6.29
<small>Made with bacon, lettuce, tomato, Cheddar cheese & mayo</small>		
Steak & Cheese	6.49	7.49
<small>Made with Cheddar cheese, grilled onions & Dijon</small>		
Fresh Fish Made with lettuce, pickle & mayo on a bulkie roll ...	5.99	
Fancy Fried Chicken Sandwich your choice of mild or spicy	5.29	
<small>Made with lettuce, tomato & mayo on a bulkie roll</small>		
All Wraps	6.49	
<small>Choice of Wrap Garlic or Tomato (any sandwich can be a wrap)</small>		
Extra Cheese	0.99	1.29
Bacon, Add.....	1.29	1.49

Side Orders

Onion Rings	2.29
French Fries	side.. 2.39 small.. 3.29 large. 4.29
<small>Choice of fries: Homemade, Regular, Seasoned, or Sweet Potato for add. \$1.00</small>	
Biscuit or Dinner Roll	0.99
Cornbread	1.99
Macaroni & Cheese • Baked Beans • Cole Slaw Mashed Potato • Cottage Cheese Seasonal Potato Salad • Seasonal Pasta Salad Seasonal Tuna Macaroni Salad	
Side ..	2.49 1/2 Pint.. 3.79 Pint.. 5.99 Quart
Baked Potato	side ... 2.49 family (4) 8.99
Side Garden Salad or Caesar Salad	2.99
<small>Ask About our Starch of the Day</small>	
Fountain Soda (free refills)	1.99
Milk.....	1.99
Juice.....	1.99
Hot Tea.....	1.49
Coffee (bottom less).....	1.49
Hot Chocolate	1.99



Offering Pepsi products, please ask your waitress for our malt beverage selections and for any mixed alcoholic beverages you would like

WELCOME



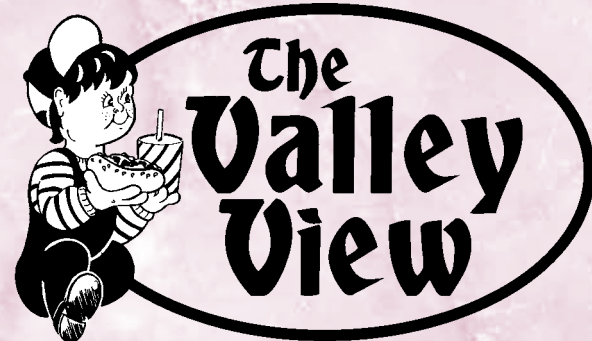
The Valley View

Family Restaurant & Tavern

774 Main Street

Lyndonville, VT 05851

(802) 626-8685



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Grill Chicken Breast Sandwiches

Grilled Chicken Deluxe	5.99
Ranch, lettuce, tomato, onion, bacon & Cheddar <i>as a meal</i>	7.99
Santa Fe Chicken Grill	5.49
Lettuce, onion, Cheddar cheese & salsa <i>as a meal</i>	7.49
BBQ Chicken Grill	5.49
Lettuce, tomato & onion <i>as a meal</i>	7.49
Texas Chicken Grill	5.99
Lettuce, Cheddar, Chili & Sweet red bell peppers <i>as a meal</i>	7.99
Parmesan Chicken Grill	5.49
Lettuce, Provolone, marinara sauce & Parmesan <i>as a meal</i>	7.49

ALL MEAL PRICES INCLUDE CHOICE OF ONE SIDE

Burgers

Valley Burger	5.49
Valley Sauce, American cheese, lettuce, tomato & onion <i>as a meal</i>	7.49
Bacon Cheese Burger	5.49
Bacon, Cheddar cheese, lettuce & tomato <i>as a meal</i>	7.49
Mushroom & Swiss Burger	5.49
Grilled mushroom, Swiss cheese and lettuce <i>as a meal</i>	7.49
Cheeseburger	4.79
American cheese & lettuce <i>as a meal</i>	6.79
Plain Burger	4.49
Lettuce only <i>as a meal</i>	6.49
BBQ Bacon Burger	5.49
BBQ sauce, Cheddar cheese, bacon, lettuce, tomato & onion <i>as a meal</i>	7.49

ALL MEAL PRICES INCLUDE CHOICE OF ONE SIDE

Club Sandwiches

Fancy Fried Chicken Breast	8.49
Grilled Chicken Breast	8.49
Cheese Burger	8.49
Texas Chicken (Spicy)*	8.49
Ham & Provolone	8.49
Turkey	8.49
Roast Beef	8.49
Chicken or Tuna Salad	8.49
Steak & Cheese	9.49

All Club sandwiches made with lettuce, tomato, onion, mayo, Cheddar cheese & bacon

Served with choice of one side

All Club sandwiches can be made on 6" tortillas

***Made with Texas Petal Sauce no mayo**

All Beef Jumbo Franks

Classic American Dog	3.99	<i>as a meal</i>	5.99
Mustard, sweet relish & diced red onions			
Unreal Chili Dog	4.29	6.29
American cheese, chili & diced red onion			
Italian Dog	4.29	6.29
Provolone cheese, marinara sauce & topped with grated Parmesan cheese			
Ultimate Chicago Dog	4.79	6.79

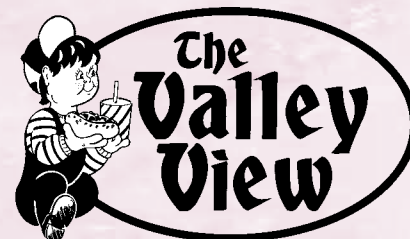
Appetizers

<i>Wings by the dozen or</i>					
Boneless Wings by the 1/2 dozen	7.49				
Mild, Honey Mustard, Sweet & Tangy, Teriyaki, BBQ, Cajun, Wild, Suicide & Buffalo					
Jalapeno Poppers Cream Cheese or Cheddar	6.29				
Fried Veggies: Choice of One*	4.99				
Sampler	6.99				
Broccoli, Cauliflower, Mushrooms, Green Beans or Zucchini					
Mozzarella Cheese Sticks	4.99				
Potato Wedges	4.99				
	<i>single double family</i>				
Blooming Onion	5.49	6.99		
Onion Rings	2.99	3.99		
Poutine	4.99	5.99		
Your choice of French Fries: Homemade, Regular or Seasoned Fries & Choice of gravy, Beef or Chicken					
Cheesy Bread Sticks	5.99	7.99		
Chili	3.29	4.29	6.29
Potato Skins	3.49	4.99		
Calamari	6.49				
Mussels	7.99				
Fried Ravioli Served with a side of marinara	4.99				
Shrimp Cocktail	6.99				
Nachos Grande	5.99	7.99		
Made with taco meat, onions, tomato, green peppers, black olives & cheese.					
Quesadilla Made with chicken & cheese	8.49				
Made with steak, cheese, grilled onions & mushrooms..... Add 1.00					
Whole Belly Clams	10.99				
Buffalo Chicken Dip or Spinach & Artichoke Dip Served with tortilla chips	6.29				

Pasta

Spaghetti & Homemade Meat Sauce	7.99		
Spaghetti & Meatballs or Sweet Sausage	8.99		
Spaghetti & Chicken	8.99		
Baked Spaghetti with Homemade Meat Sauce	7.99		
Homemade Lasagna & Meat Sauce	8.99		
Vegetarian Lasagna	8.79		
Fettuccini Alfredo with choice of chicken	10.99		
shrimp or scallops.....	12.99	add broccoli for a	1.49

All Pastas are served with garlic bread & side salad or side caesar
Top garlic bread with cheese for an additional \$.99



CALL TO ORDER: (802) 626-8685

Please Inform Your Server of Any Food Allergies. Thank You.

Steak Entrees

10oz Seasoned Sirloin	16.49
12oz New York Strip	17.49
12oz Delmonico	16.99
Sirloin Tips Smothered in Grilled Onions & Mushrooms	14.49
12 Ounce Rib Eye Steak	16.49
Deep Fried Steak Tender Basket	9.49
Add Grilled Onion & Mushrooms to any Steak for an additional \$1.99	
Add choice of Seafood to any Steak Entree for an additional \$5.49	

Seafood Entrees

	<i>basket*</i>	<i>meal*</i>
Haddock Your choice of baked	10.99	or deep fried ... 13.99
Deep Fried Shrimp	10.49 12.49
Deep Fried Scallops	13.49 16.49
Whole Belly Clams	15.49 17.49
Clam Strips	8.49 10.49
Baked Stuffed Haddock	13.49	
Stuffed with our very own seafood stuffing		
Seafood Basket Haddock, clam strips, scallops & popcorn shrimp	13.99	
Captain's Platter	17.99	
Haddock, whole belly clams, scallops & beer battered shrimp		

***Basket comes with choice of one side**

***Meal comes with choice of two sides & choice of roll or biscuit**

Entrees

Ribs Basted with your choice of BBQ Sauce or Sweet & Tangy Sauce	10.99
Served with a piece of corn bread instead of a roll	
Ham Steak	8.99
Deep Fried Tenders	8.99
Two Piece Fried Chicken A leg & a thigh	6.99
All White Meat \$9.99	
Three Piece Fried Chicken One leg, thigh & breast	7.99
All White Meat \$11.99	
Chargrilled Boneless Chicken Dinner 6oz	8.49
12oz ...	11.49

ALL ENTREES ARE SERVED WITH CHOICE OF TWO SIDE ORDERS & A ROLL OR BISCUIT FOR AN ADDITIONAL COST OF \$2.49
YOU CAN ADD ONE TRIP SALAD BAR TO ANY ENTREE

Fried Chicken Buckets & Value Packs

4 Piece	6.99	8 Piece	12.99
12 Piece	17.99	16 Piece	22.99
20 Piece	27.99	24 Piece	31.99
28 Piece	36.99		

Value Packs

8 Piece Pack Served with choice of (2) 1 pint side orders	17.99
12 Piece Pack Served with choice of (3) 1 pint side orders	23.99
16 Piece Pack Served with choice of (4) 1 pint side orders	29.99